

## Band 1 - Design and Technology Cooking and Nutrition & Processes



## **Cooking and Nutrition**

Talk about what he/she eats at home and begin to discuss what healthy foods are

I can talk about what I eat at home and begin to discuss what healthy foods are

Say where some food comes from and give examples of food that is grown

I can say where some food comes from and give examples of food that is grown

Use simple tools with help to prepare food safely

I can use simple tools with help to prepare food safely

## **Processes**

Create simple designs for a product

I can create a simple design for my product

Use pictures and words to describe what he/she wants to do

I can use pictures and words to describe what I want to do

Select from and use a range of tools and equipment to perform practical tasks e.g. cutting, shaping, joining and finishing

*I* can select from and use a range of tools and equipment to perform practical tasks e.g. cutting, shaping, joining and finishing

Use a range of simple tools to cut, join and combine materials and components safely

I can use a range of simple tools to cut, join and combine materials and components safely

Ask simple questions about existing products and those that he/she has made

I can ask simple questions about existing products and those that I have made

Build structures, exploring how they can be made stronger, stiffer and more stable

I can build structures, exploring how they can be made stronger, stiffer and more stable

Use wheels and axles in a product

I can use wheels and axles in a product



