



Gymnastics			
Reception	Years 1 and 2	Years 3 and 4	Years 5 and 6
<ul style="list-style-type: none"> <li>• Forwards</li> <li>• Backwards</li> <li>• Sideways</li> <li>• Roll</li> <li>• Slow</li> <li>• Shape</li> <li>• Jump</li> <li>• Travel</li> <li>• Stretch</li> <li>• Wide</li> <li>• Narrow</li> <li>• balance</li> <li>• travel</li> </ul>	<ul style="list-style-type: none"> <li>• Forwards</li> <li>• Backwards</li> <li>• Sideways</li> <li>• Roll</li> <li>• Slow</li> <li>• Body parts</li> <li>• Shape</li> <li>• Jump</li> <li>• Travel</li> <li>• Stretch</li> <li>• Wide</li> <li>• Narrow</li> </ul>	<ul style="list-style-type: none"> <li>• stretch</li> <li>• push</li> <li>• pull</li> <li>• step</li> <li>• spring</li> <li>• crawl</li> <li>• still</li> <li>• slowly</li> <li>• tall</li> <li>• long</li> <li>• forwards</li> <li>• high</li> <li>• low</li> <li>• roll</li> <li>• copy</li> <li>• jump</li> <li>• land</li> <li>• balance</li> </ul>	<ul style="list-style-type: none"> <li>• Muscles</li> <li>• Joints</li> <li>• Symmetrical/asymmetrical</li> <li>• Rotation</li> <li>• Turn</li> <li>• Shape</li> <li>• Landing</li> <li>• Take-off</li> <li>• Flight</li> <li>• Performance/evaluation</li> </ul>



Games			
Reception	Years 1 and 2	Years 3 and 4	Years 5 and 6
<ul style="list-style-type: none"> <li>• roll</li> <li>• throw</li> <li>• catch</li> <li>• aim</li> <li>• team</li> <li>• score</li> </ul>	<ul style="list-style-type: none"> <li>• Striking</li> <li>• Catching</li> <li>• Own space</li> <li>• Team</li> <li>• Speed</li> <li>• Direction</li> <li>• Passing</li> <li>• Controlling</li> <li>• Shooting</li> <li>• Scoring</li> </ul>	<ul style="list-style-type: none"> <li>• Keep possession</li> <li>• Scoring goals</li> <li>• Keeping score</li> <li>• Making space</li> <li>• Pass/send/receive</li> <li>• Travel with a ball</li> <li>• Make use of space</li> <li>• Points/goals</li> <li>• Rules</li> <li>• Tactics</li> <li>• Batting</li> <li>• Fielding</li> <li>• Defending</li> <li>• Hitting</li> </ul>	<ul style="list-style-type: none"> <li>• Keeping possession</li> <li>• Passing</li> <li>• Dribbling</li> <li>• Shooting</li> <li>• Support</li> <li>• Marking</li> <li>• Attackers/defenders</li> <li>• Marking</li> <li>• Team play</li> <li>• Batting</li> <li>• Fielding</li> <li>• Bowler</li> <li>• Defending</li> <li>• Hitting</li> <li>• Offside</li> <li>• Pitch</li> <li>• Forehand/backhand</li> </ul>



Dance			
Reception	Years 1 and 2	Years 3 and 4	Years 5 and 6
<ul style="list-style-type: none"><li>• music</li><li>• beat</li><li>• travel</li><li>• direction</li><li>• speed</li></ul>	<ul style="list-style-type: none"><li>• Travel</li><li>• Stillness</li><li>• Direction</li><li>• Space</li><li>• Body parts</li><li>• Levels</li><li>• Speed</li></ul>	<ul style="list-style-type: none"><li>• Space</li><li>• Repetition</li><li>• Action and reaction</li><li>• Pattern</li></ul>	<ul style="list-style-type: none"><li>• Dance style</li><li>• Technique</li><li>• Pattern</li><li>• Rhythm</li><li>• Variation</li><li>• Unison</li><li>• Canon</li><li>• Action</li><li>• Reaction</li></ul>