



	Term 1	Term 2	Term 3	Term 4	Term 4	Term 6
Reception	<p>In Reception, PSHE is embedded throughout the day and in all areas of the curriculum. Below are the aims. The discrete teaching will depend on the needs and abilities of the cohort and of individuals.</p> <p>Teaching of these skills will be through practical activities, games, within Continuous Provision and as part of 'Circle Time'</p>					
	<p>Self-Regulation Children will be able to follow one step instructions.</p> <p>Children will recognise different emotions.</p> <p>Children will focus during short whole class activities.</p> <p>Managing Self Children will learn to wash their hands independently.</p> <p>Building Relationships Children will seek support from adults and gain confidence to speak to peers and adults.</p>	<p>Self-Regulation Children will talk about how they are feeling and to consider others' feelings.</p> <p>Managing Self Children will understand the need to have rules.</p> <p>Building Relationships Children will begin to develop friendships.</p>	<p>Self-Regulation Children will be able to focus during longer whole class lessons.</p> <p>Managing Self Children will begin to show resilience and perseverance in the face of a challenge.</p> <p>Building Relationships Children will be able to use taught strategies to support in turn taking.</p>	<p>Self-Regulation Children will identify and moderate their own feelings socially and emotionally.</p> <p>Managing Self Children will manage their own basic needs independently.</p> <p>Building Relationships Children will listen to the ideas of other children and agree on a solution and compromise.</p>	<p>Self-Regulation Children will be able to control their emotions using a range of techniques.</p> <p>Managing Self Children will develop independence when dressing and undressing.</p> <p>Children will learn to dress themselves independently.</p> <p>Building Relationships Children will learn to work as a group.</p>	<p>Self-Regulation Children will be able to follow instructions of three steps or more.</p> <p>Managing Self Children will show a 'can do' attitude.</p> <p>Children will understand the importance of healthy food choices.</p> <p>Building Relationships Children will have the confidence to communicate with adults around the school.</p>
Year 1	<p>TEAM:</p> <p>Together Everyone Achieves More</p> <p>Listening</p> <p>Being Kind</p> <p>Bullying and Teasing</p>	<p>Aiming high:</p> <p>Star Qualities</p> <p>Positive Learners</p> <p>Bright Futures</p> <p>Jobs For All</p>	<p>Diverse Britain:</p> <p>My School</p> <p>My Community</p> <p>My Neighbourhood</p> <p>My Country</p>	<p>Money Matters:</p> <p>Money</p> <p>Where Money Comes From</p> <p>Look After It</p> <p>Save or Spend?</p>	<p>It's my body:</p> <p>My Body, My Business</p> <p>Active and Asleep</p> <p>Happy Healthy Food</p> <p>Clean as a Whistle</p>	<p>Be Yourself:</p> <p>Marvellous me</p> <p>Feelings</p> <p>Things I like</p> <p>Uncomfortable Feelings</p>

PSHE OVERVIEW



	Brilliant Brains Making Good Choices	Going for Goals Looking Forward	British People What Makes Me Proud of Britain?	Want or Need? Going Shopping	Can I Eat It? I Can Choose	Changes Speak Up!
Year 2	Respecting Rights: Rights Protecting Our Rights Respecting Others Everybody's Different Is It Fair? Taking Part	VIPs: Who Are Your VIPs? Families Friends Falling Out Working Together Showing You Care	Safety First: Keeping Safe Staying Safe at Home Staying Safe Outside Staying Safe Around Strangers Safe Secrets and Surprises People Who Can Help	One World: Families Homes Schools Environments Resources Planet Protectors	Digital Wellbeing: The Internet and Me Online and Offline Staying Safe Online Personal Information Communicating Online True or False?	Growing Up: Our Bodies Is It OK? Pink and Blue Your Family, My Family Getting Older Changes
Year 3	TEAM: A New Start Together Everyone Achieves More Working Together Being Considerate	Aiming high: Achievements Goals Always Learning Jobs and Skills	Diverse Britain: Living in the British Isles Democracy Rules, Laws, and Responsibilities Liberty	Money Matters: Where Does Money Come From? Ways to Pay Reasons to Borrow Spending Decisions	It's my body: My Body, My Choice Fit as a Fiddle Good Night, Good Day Cough, Splutter, Sneeze!	Be Yourself: Marvellous me Feelings Things I like Uncomfortable Feelings



	When Things Go Wrong Responsibilities	No Limit! When I Grow Up	Tolerance and Respect What Does It Mean to Be British?	Advertising Keeping Track	Drugs: Healing or Harmful? Choices Everywhere	Changes Speak Up!
Year 4	Respecting Rights: Rights Are All Rights Equal? Rules Rights without Responsibilities? Respect Are We So Different?	VIPs: Family and Friends Fabulous Friends Is This a Good Relationship? Falling Out 5. What Is Bullying? Stand up to Bullying!	Safety First: New Responsibilities Risks, Hazards, and Danger Under Pressure Safety When Out and About Dangerous Substances Injuries and Emergencies	One World: Chiwa and Kwende Chiwa's Dilemma 1 Chiwa's Dilemma 2 Chiwa's Sugar Chiwa's World Charity for Chiwa	Digital Wellbeing: The Digital World Digital Kindness Do I Know You? Online Information Keep It Private My Digital Wellness	Growing Up: Human Reproduction Changes in Boys Changes in Girls Changing Emotions Relationships and Families Where Do I Come From?
Year 5	TEAM: Together Everyone Achieves More Communicate Compromise and Collaborate	Aiming high: You Can Achieve Anything! Breaking Down Barriers Future Focus	Diverse Britain: Identities Communities Respecting The Law	Money Matters: Look After It! Critical Consumers Value for Money and Ethical Spending	It's my body: Your Body is Your Own Exercise Right, Sleep Tight Taking Care of Our Bodies	Be Yourself: You are Unique Let It Out! Uncomfortable Feelings



	Care Unkind Behaviour Shared Responsibilities	Equal Opportunities The World of Work Onwards and Upwards	Local Government National Government Making a Difference	Budgeting Money and Emotional Wellbeing Money in the Wider World	Harmful Substances How We Think and Feel About Our Bodies Healthy Choices	The Confidence Trick Do the Right Thing Making Amends
Year 6	Respecting Rights: Know Your Rights Do Human Rights Apply to Everyone? Are Everyone's Rights Met? Are You Rights-Respecting? Do Human Rights Change? Human Rights Heroes	VIPs: People We Love Think Before You Act It's OK to Disagree You Decide Secrets False Friends	Safety First: You Are Responsible What Are the Risks? Making Your Mind Up In an Emergency Home - Safe and Sound Outdoors - Playing It Safe	One World: Global Citizens Global Warming Energy Water Biodiversity In Our Hands	Digital Wellbeing: My Digital Life Staying Safe, Healthy and Happy Online Online Relationships Social Media Saying No to Online Bullying Fake News	Growing Up: Changing Bodies Changing Emotions Just the Way You Are Relationships Let's Talk About Sex Human Reproduction
	Living in the Wider World	Diverse Britain	Health and Wellbeing	Relationships	Citizenship	