

LEAFIELD
C OF E PRIMARY
SCHOOL

Lunch Menu

Summer/Autumn 2023

Food Facts

- Our meat and fresh seasonal fruit and vegetables are sourced from local suppliers.
- Farm Assured Red Tractor Chicken is used.
- Fresh Bread is wholemeal or 50/50.
- Our White Fish and Salmon are MSC certified.
- Fruit based desserts are offered to increase nutritional value.
- All burgers and sausages meet the recommended standard.
- Free range eggs are used.
- Yeo Valley organic yoghurts are served.

The School Lunch Company menu has been compiled using ideas from the children, Chef Manager and team.

We are passionate about the food and offer a freshly prepared, healthy, nutritious meal every day using fresh produce from local suppliers.

We look forward to welcoming you.

Food for physical and mental energy

Our menu meets the requirements of the Government's latest School Food Plan. Research has shown that a hot, two course lunch provides the essential physical and mental energy to get through the demands of a school day.

Allergy information

If your child has an allergy or intolerance please ask a member of The School Lunch Company team for more information. Allergy menus are available upon request and at the discretion of TSLC.

Fresh bread available daily



This award is for our sustainable catering.



The Red Tractor shows our UK farms sourced food is produced to high standards from field to fork.

QMS ratings show our commitment to high quality standards.



We use MSC certified fish to encourage well-managed and sustainable fishing.



Rainbow salad bar available daily



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April					May					June					July					September					October				
3	4	5	6	7	1	2	3	4	5				1	2	3	4	5	6	7					1	2	3	4	5	6
10	11	12	13	14	8	9	10	11	12	5	6	7	8	9	10	11	12	13	14	4	5	6	7	8	9	10	11	12	13
17	18	19	20	21	15	16	17	18	19	12	13	14	15	16	17	18	19	20	21	11	12	13	14	15	16	17	18	19	20
24	25	26	27	28	22	23	24	25	26	19	20	21	22	23	24	25	26	27	28	18	19	20	21	22	23	24	25	26	27
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LEAFIELD C OF E PRIMARY SCHOOL MENU

		Pizza Monday	Sugar Smart Tuesday	Mid-Week Roast Wednesday	Fish-tastic Thursday	Top Choice Friday
Week 1	Meat	Ham and Cheese Pizza	Macaroni Cheese	Roast Chicken with Yorkshire Pudding and Gravy	MSC Oven Baked Fish Fillet	Chicken Meatballs with Tomato Sauce and Wholewheat Pasta Penne
	Veggie	BBQ Vegetarian Sausage Pizza	Shepherdess Pie <i>(Savoury Vegetarian Mince topped with Mashed Potato)</i>	Cheese and Onion Parcel	Crispy Quorn Dippers	Vegetarian Lasagne
	Veg	Herby Potatoes Coleslaw Peas	Green Beans Carrots	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Chips or Pasta Peas Baked Beans	Garlic Bread Slice Broccoli Sweetcorn
	Dessert	Fresh Fruit / Yoghurt Or Chocolate and Fruit Krispie Cake	Fresh Fruit / Yoghurt Or Fruit Salad	Fresh Fruit / Yoghurt Or Iced Carrot Cake	Fresh Fruit / Yoghurt Or Strawberry and Vanilla Mousse	Fresh Fruit / Yoghurt Or Cherry and Oat Cookie
Week 2	Meat	Margherita Pizza	Mild Chicken Curry with Rice	Roast Chicken with Yorkshire Pudding and Gravy	Salmon Fishcake	Oven Baked Sausages
	Veggie	Vegetable Supreme Pizza	Roasted Vegetable Pasta Bake	Roast Quorn Sausages with Yorkshire Pudding	Quorn Fishless Fingers	Oven Baked Quorn Sausages
	Veg	Homemade Jacket Wedges Sweetcorn Carrots	Carrots Broccoli	Roast Potatoes Seasonal Vegetables Cauliflower Gravy	Chips or Pasta Peas Baked Beans	Jacket Wedges Coleslaw Carrots
	Dessert	Fresh Fruit / Yoghurt Or Sultana and Oat Cookie	Fresh Fruit / Yoghurt Or Apple Flapjack	Fresh Fruit / Yoghurt Or Fruit Jelly with Mandarins	Fresh Fruit / Yoghurt Or Iced Fruit Smoothie	Fresh Fruit / Yoghurt Or St Clements Shortbread
Week 3	Meat	Chicken and Sweetcorn Pizza	Spaghetti Bolognaise	Roast Chicken with Yorkshire Pudding and Gravy	MSC Oven Baked Fish Fillet	Oven Baked Burger in a Roll
	Veggie	Margherita Pizza	Baked Bean and Cheese Wrap	Roast Quorn with Yorkshire Pudding	Crispy Quorn Dippers	Vegetarian Burger in a Roll
	Veg	Herby Potatoes Peas Sweetcorn	Green Beans Carrots	Roast Potatoes Seasonal Vegetables Savoy Cabbage	Chips or Pasta Peas Sweetcorn	Homemade Jacket Wedges Coleslaw Corn on the Cob
	Dessert	Fresh Fruit / Yoghurt Or Marble Sponge with Raspberries	Fresh Fruit / Yoghurt Or Fruit Salad	Fresh Fruit / Yoghurt Or Apple Drop Cookie	Fresh Fruit / Yoghurt Or Ice Cream	Fresh Fruit / Yoghurt Or Jelly with Mandarins